

"Intimacy, trust, and abandonment in God" -Yoga Journal



Inner Vision

A Candlelight Meditation Concert

*Thousand-year-old chants
by Hildegard von Bingen
& Songs from Spirit*

Norma Gentile sound shaman

with Tibetan Singing Bowls and Harmonic Toning

Friday, March 30 at 8pm

Tickets \$15 online, at door or New Renaissance
www.HealingChants.com

This is a time of sacredness,
devoted to deep inner healing,
nourishment and transformation.

THE OLD CHURCH

SW 11th & Clay St (downtown Portland)

Inner Vision: Workshop Saturday, March 31 10:30am – 1:00pm

What your Soul came here to do has probably changed since you decided to incarnate. In meditations of sound and silence you can update your soul's journey by releasing outdated energies and connecting with the guides and angels that support you right now. Your traditional Heart Chakra and the newly emerging High Heart and Navel Chakras are very much a part of this, and will be addressed. Wear loose comfy clothes for breathing and chanting. Smiles welcome. \$25 New Renaissance Books 1338 NW 23rd Ave, Portland. Register : 503-224-4929

Private Healing Sessions Sunday – Monday April 1-2

Information and energy healing to address chronic life issues as well as clear and release what no longer serves your soul's journey. One hour, recorded for you, \$185. Archangel Michael, Mary and the Hathor Atamira are Norma's primary guides who will connect with your guides to create your healing space. See website for more info. To schedule an appointment: norma@healingchants.com / 734-330-3997

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Restore your Spirit to perfect harmony with Divine Grace... It is beautiful. -Sonia Choquette

